

The healing medicine of divine Mind

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The breadth and certainty of God's healing power is recorded in the Bible, spanning several thousand years of human history. This continuous ribbon of healings includes cures of infertility, accidents, illness, blindness, deformity, and death, to name a few. No material medicine or physical manipulation was relied upon, just prayer, resulting in alignment with the harmony of God, divine Mind. These healings are proofs of the medicine of Mind restoring health, the biblical meaning of which is wholeness or perfection.

Christ Jesus said, "Be ye therefore perfect, even as your Father which is in heaven is perfect" (Matthew 5:48). He knew that health and perfection are sourced directly from God, not gained by manipulating matter or employing material remedies. Health expresses God's law, and Jesus healed multitudes of all their infirmities, showing that health is the innate condition of man's true being as the perfect expression of God.

Christ Jesus' method of healing remains the most effective the world has ever known. The record of every other healing method, regardless of improvements, still pales in comparison to the record of the master healer. And Jesus' statement that the works he did, his followers would do also, is an explicit

promise that the healing power of God is ever available to all, because God's law is universal and all God's children are governed by it. But today, in a world where matter is commonly believed to be the basis of all life, using material medicine is prevalently practiced and promoted as the only rational means for maintaining health, while relying on God for healing seems to many impossible.

There is a distinct contrast between the two healing models. Jesus' healing practice was entirely spiritual. He said that it is Spirit, not flesh, that gives life (see John 6:63), and he viewed everyone as a perfect child of Spirit, God. He taught that the kingdom of heaven is at hand, reigning within us, and that God is causing health and life eternally.

Consequently, the devil, or evil—the opposite of God's creation, including all mortality, ailments, and suffering—Jesus described as “a liar, and the father of it” (John 8:44). He saw physical discord as having no origin in Truth, God, the creator of all. Jesus proved this when he, for instance, commanded a man with a withered hand to stretch it forth, and immediately the hand was whole.

Jesus' healing work was therefore not about subduing a real physical ailment. Rather, it was the activity of Christ, the ideal Truth, lifting off the lie to reveal what is true of God's spiritual, perfect child, governed by God's law of health and harmony.

Jesus said, “And ye shall know the truth, and the truth shall make you free” (John 8:32). God's child is both the evidence and the witness of Truth, and so is ever conscious of reality as God knows it. Conscious awareness of divine Truth neutralizes and destroys a lie and so makes us free from its apparent effects. To “make free” in the Greek can mean “to exempt (from . . . mortal liability)”

(*Strong's Exhaustive Concordance of the Bible*). All of God's children are exempt from mortal liabilities. This Christly message is indeed the medicine of Mind, God.

In contrast, the model of material methods of healing is based on the false premise that we are vulnerable material organisms, governed by preprogrammed material intelligence, laws, and forces. This model asserts that matter is a curative. That the use of material means, including drugs, hygiene, and surgery, is how to improve health, in conformity with what appear to be material laws—the same laws that are said to cause disease.

But even within this medical paradigm, many scientific studies have shown that the patient's mental state and faith in these material remedies play a significant role in their apparent success. Before she discovered Christian Science in 1866, Mary Baker Eddy found that a patient she was treating homeopathically for dropsy recovered when taking unmedicated pellets. This showed her that any beneficial effect of material medicine was not from matter, but wholly the result of mental consent. Eddy later wrote, "Through the mandate of mind or according to a man's belief, can he be helped or be killed by a drug; but mind, not matter, produces the result in either case" (*The First Church of Christ, Scientist, and Miscellany*, p. 302).

Eddy's further research brought out an important distinguishing factor—that the recovery was based on the belief of the human mind as a healer and not on the divine Mind, God, whose effects on health are permanent. As to the superiority of the divine Mind, she writes, "Infinite Mind could not possibly create a remedy

outside of itself, but erring, finite, human mind has an absolute need of something beyond itself for its redemption and healing” (*Science and Health with Key to the Scriptures*, p. 151).

After a fall medically diagnosed as fatal, Eddy turned to God, Mind, as her medicine, called for her Bible, and while reading an account of one of Jesus’ healings, was healed.

Perceiving that divine Spirit, God, was the power that brought her healing, she set out on a three-year exclusive study of the Bible to find out the Science of healing. She wrote of this period, “The miracles recorded in the Bible, which had before seemed to me supernatural, grew divinely natural and apprehensible; though uninspired interpreters ignorantly pronounce Christ’s healing miraculous, instead of seeing therein the operation of the divine law” (*Retrospection and Introspection*, p. 26).

She found that her healing was based on the same spiritual law that anchored Christ Jesus’ practice, described in the Old and New Testaments as already written in everyone’s heart and mind (see Jeremiah 31:33 and Hebrews 8:10). She named her discovery Christian Science. This divine law of Mind is universal, here, now and forever, and so all may demonstrate the divine Principle upon which Jesus’ healing was based.

Christian Science rests on all-powerful Mind as the curative medicine instead of on drugs or any form of matter. Eddy points out, “To seek or employ other means than those the Master used in demonstrating Life scientifically, is to lose the priceless knowledge of his Principle and practice” (*Miscellaneous Writings 1883–1896*, p. 270).

As children of God, how wonderful it is to embrace our divine heritage of perfect health as evidence of the activity of the divine law of Mind in operation, always keeping us well and whole. I was able to see this for myself when, one day, I found I could hardly breathe. Breathing felt like a rope progressively tightening around my chest. In praying about this, I knew that it was not a physical disorder but a mental suggestion—actually, a lie—saying that I was physical instead of spiritual, governed by a supposed material intelligence instead of the law of divine Mind.

Eddy writes, “A Christian Scientist’s medicine is Mind, the divine Truth that makes man free” (*Science and Health*, p. 453). I reasoned that the truth that makes free is that I live, move, and have my being in God (see Acts 17:28). I saw that I existed only within the law of God, Mind, as a number exists within the laws of mathematics. If I wrote down a number seven on paper and then tore it up, it would not alter the quantity, quality, or existence of the number in any way, because it exists within the laws of mathematics, and is governed only by these laws. I knew that since I have my being in the illimitable divine Mind, only the law of Mind governs my whole being.

Plainly, then, I reasoned, no so-called material or medical law could ever touch my being. I am always safe and healthy because governed by the universal divine law. Knowing this truth of my being set me free from believing the lie that I was separated from God’s law of health and perfection, and I was immediately and completely healed.

There is no other source of health, wholeness, or perfection, but our divine source, our loving Father-Mother God. It is because of the relationship we have to Love as its precious children that we can expect to be lovingly cared for.

Health is evidence of the everlasting love of God, divine Mind. Nothing can separate any of us from the one divine Mind and the consciousness of Mind's, Love's, eternal care for all. This is the healing medicine of Mind.

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